

SPLASHIN' BACK INTO SCHOOL



Joayn Fleury '09 takes advantage of the warm weather and slides down the slip and slide in the 300s field during the first week of school on Sat. Sept. 13.

Photo by Andrew Parise

Public Safety attempts to keep campus secure with wooden doorstops

By Matt Tomkewicz
News Editor

Doorstops normally keep doors open, but this year Public Safety is using them to keep doors closed.

Director of Public Safety Peter Soons and Investigative Liaison RJ Vallie e-mailed faculty members on Aug. 25, asking them to prepare the campus should a crisis occur.

Faculty were then provided with a packet of materials including a copy of the Hostile Intruder Community Guideline, a prevention guide, some suggestions of protocols to discuss with students and a small wooden wedge, Soons said.

The wedges were designed to secure a classroom door, Soons said. However, several faculty members have tested this, only to find the wedge doesn't work.

Education professor Valerie Bang-Jensen read the materials and brought the wedge into class on the first day of school to try it out on tardy students, she said.

"I put my wedge under the door, and two latecomers easily opened the door," Bang-Jensen said. "The wedge didn't slow the door down in any way since the floor has a slippery surface."

See **WEDGE**, Page 3

New director paints campus green

St. Michael's hires sustainability coordinator

By Carolyn Smith
News Editor

St. Michael's is on its way to being a greener campus. In July, Heather Ellis started her job as the college's first sustainability coordinator. She is working with Green Up SMC and the Environmental Council to make the campus environmentally aware.

"There's really no written description for what a sustainability coordinator is," Ellis said. "The cool thing is that it's very new so I can write every day what my job is."

Ellis, a 2007 graduate of the University of New Hampshire, was hired by the college after Green Up members proposed the position of sustainability coordinator to the board of trustees two years ago, said senior Dan Hock, Green Up president.

"That small thing that you can do makes a difference if everyone is doing it."

Heather Ellis,
sustainability coordinator

Ellis' job is to create awareness and let people know how to make the campus green, she said.

"The effort's already here," she said. "That small thing that you can do makes a difference if everyone is doing it."

A Vermont native, Ellis feels she has a strong connection to the land and the people, she said. Ellis likes the small community at St. Michael's.

chael's.

People have been receptive about the new sustainability coordinator position, she said.

"If you're creating a sustainable culture, you need to know everyone," she said.

Ellis has been participating in Green Up meetings, steering members in certain directions if they need help with their ideas, Hock said.

"Sometimes as students, we're in the dark, and she's definitely helpful," he said.

Students have proposed several ideas to make the campus more environmentally aware, Ellis said.

See **GREEN**, Page 3



Photo by Jessica Maurice

New sustainability coordinator Heather Ellis holds a composting bin. Students can use the bins and drop them off behind Alliot Hall.

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A&E

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DEFENDER ONLINE

Multimedia Video: 24-hour play festival



Check it out at www.smcvt.edu/defender

NEWS

SECURITY LOG

Excerpts from Sept. 1-15, 2008, Security reports,
provided by St. Michael's College Office of Public Safety

Monday, Sept. 1

8:00 a.m. Trespass: verbal warning, Ryan Hall

Tuesday, Sept. 2

7:17 a.m. Larceny/theft, Canterbury Hall

Thursday, Sept. 4

4:21 p.m. Suspicious person, Ethan Allen Apts.

6:14 p.m. Trespass: written notice, Ethan Allen Apts.

Saturday, Sept. 6

12:45 a.m. Vandalism, 300s Townhouses

1:25 a.m. Assault, 300s Townhouses

5:23 a.m. Medical assist, Alumni Hall

8:58 p.m. Harassment, 200s Townhouses

Monday, Sept. 8

10:03 p.m. Medical assist, Lyons Hall

Tuesday, Sept. 9

1:49 p.m. Larceny/Theft, North Campus

6:05 p.m. Burglary: forcible entry, Dupont Hall

Wednesday, Sept. 10

1:27 p.m. Larceny/theft, Joyce Hall

Friday, Sept. 12

9:00 a.m. Larceny/theft, 300s Townhouses

1:45 p.m. Trespass, Lower 40 (across Vermont 15)

Saturday, Sept. 13

12:45 a.m. Drunkenness, ACT One, 300s field

1:52 a.m. Medical assist, 300s Townhouses

2:54 p.m. Medical assist, 300s Townhouses

Sunday, Sept. 14

1:16 a.m. Trespass: written notice, 300s field

1:45 a.m. Drunkenness, Joyce Hall

Monday, Sept. 15

6:19 a.m. Burglary: forcible entry, Founders Annex

7:18 a.m. Burglary: forcible entry, Klein Center

7:30 a.m. Burglary: forcible entry, Dupont Hall

7:30 a.m. Burglary: forcible entry, North Campus

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Corrections

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Residence Life efforts improve campus living

Initiative program provides new computer labs, kitchens, activities for residents

By Karin Krisher
News Editor

Every Friday night, lines of students form behind grills set up in front of the International Commons and in the Quad. Getting students together to eat at this time is just one activity the Residential Initiative has organized to make residential life at St. Michael's safer and more enjoyable for students.

The Residential Initiative is a program created 3½ years ago to give students something positive to do with their time, especially on weekends, said Lou DiMasi, director of Residence Life. The idea for the program was formed as a reaction to the hazardous situations occurring on weekends, DiMasi said.

"We turned this thing around, saying 'we want to own the weekend,'" he said. "Things were a little chaotic. Now we plan for success."

A group of residence directors created a proposal, which was given to Dean of Students Michael Samara, who wrote the Residential Initiative proposal in November 2006.

"We were having very challenging years," Samara said. "We had a difficult formula of a higher amount of students and a lower amount of money. We had a committed staff but not the budget to provide students with the kind of residential experience we had planned. I felt compelled to speak up."

The proposal was made to address some serious issues with residential life, such as an understaffed campus security force, and the national trend of a growing number of students suffering from mental health issues like anxiety and depression, Samara said.

After the president's Cabinet approved the proposal, these concerns were reflected in the way funds were appropriated for the initiative. Money was allotted to hire personnel in health services to provide students with psychiatric help, and to programming for student activities, like the late-night food program. Money also was given to improve facilities, which included the construction of kitchens in the 400s townhouses. New computers, printers and televisions were

"We are sending a basic message of love thy neighbor. We want students to look out for each other."

Michael Samara
Dean of Students

purchased for labs and common areas in dormitories.

Brian Lee, associate director of Residence Life, said in an e-mail interview that the initiative plans to "build upon successes from last year."

One of these successes: The number of students who went to ACT One during the 2007-2008 school year decreased by 30 percent from the previous year.

Although last year was the initiative program's first in effect, Samara noted that the school enjoyed some major benefits as a result, such as the addition of the Flynn Center Cultural Pass, and the free access to the CCTA bus system.

"Last year was a really good year in the life of the college," Samara said. "We have to give credit to student leadership."

The involvement of resident assistants, the Student Association, the Resident Hall Association, MOVE and the Wilderness program are important to the effort, Samara said.

The decision about what student activities to offer is a collaborative effort as well.

"On Tuesdays, the resident directors come with their programs slated for the weekend, and on Wednesdays there is a meeting for registering parties, where students, Security, and Special Events coordinators come to talk about that," DiMasi said.

All of the ideas for the improving the residential experience are a direct result of the mission of the initiative.

"We are sending a basic message of love thy neighbor. We want students to look out for each other. Caring for your neighbor is a big part of our culture as a community," Samara said. "We're trying to realize what it means to be a residen-

By the numbers:

► \$120,000:

For facilities, including 400s kitchens, new televisions and new computers

► \$300,000:

For student activities and Residential Initiative programs, and new personnel (includes personnel in Health Services)

► \$50,000:

For new fitness equipment

► \$400-\$600:

Number of students who attend the late-night food program per night it is available

tial college."

This attitude spawned the concept of giving students something to do "that doesn't involve drugs or alcohol, but is an option to get together and relax with other people," he said.

Samara noted that student response to the initiative has been positive.

"I think the late-night food program adds to the community they are building," junior Sarah Smolen said. "People are getting together and socializing there, the same way the televisions are bringing people together."

As for what is coming this year, Samara noted that all of the specific plans have not been decided. However, there is a roster of Alcohol Task Force programs already set, as well as the Got S.K.I.L.L.S. program, which focuses on the safety and happiness of students.

"If our worry is health concerns and excessive drinking, then the philosophy is very simple. If you don't want someone to do that, ask them to do this instead," Samara said. "We are signaling that moderation is the name of the game, that caring for your neighbor is the motto."

NEWS

GREEN: St. Michael's welcomes Ellis

Continued from page 1

"There's so much to do and I'm only one person," she said. "It's tough for me because I want to do it all right now."

This year Ellis and Green Up are providing compost buckets that students can keep in their dorm or apartment and drop off food waste at the loading dock of Alliot Hall. The buckets, donated by the Ben & Jerry's factory in Waterbury, come with a biodegradable bag and instructions on how to compost, Ellis said.

Sept. 15, Green Up handed out buckets to upperclassmen door to door, Hock said.

Students can also pick up buckets in the Green Up office located on the second floor of Alliot Hall, Ellis said.

"We definitely had a lot more happen in terms of outreach to the student body," Hock said. "(Ellis) has a good organizing capacity that a lot of us don't have."

Green Up and the Environmental Council have planted an organic garden as a result of the compost pile, which Sodexo will start to use.

"Students will benefit from very local food," Ellis said. "It's a first-year garden ... and it's green and it's beautiful."

The Green Mountain Dining Hall will soon provide composting buckets in the front where students bring up their trays, she said.

The composting will help lower the school's carbon footprint. A carbon footprint measures how much carbon we send into the atmosphere, Ellis said.

Last year, students calculated the school's carbon footprint as part of a class project, said Valerie Bansbach, head of the biology department and member of the Environmental Council. These students included recent graduates Owen Glubiak and Colin Boyd.

"The results were very encouraging, showing that our footprint was very small," Bansbach said. "We're doing very well in terms of energy usage."

Ellis, Green Up and the Environmental Council are planning several projects. In October, there will be an energy water reduction competition between students of Lyons, Joyce, Ryan and



Photo by Jessica Maurice

Members of Green Up discuss ways to improve the environment at its meeting in the Student Activities office Monday, Sept. 15.

Alumni halls, Ellis said.

Green Up also plans to have outdoor recycling to help students make the campus greener, Hock said.

"I'm really glad that she's here because I think she'll be a very good go-to person," Bansbach said. "Now we actually have a paid full-time person who can lead the charge on ideas other people have, but don't have time to implement."

St. Michael's has a sustainability Web site students

may visit and see how they can be environmentally conscious, Hock said.

Ellis wants the school to be better with sustainability, she said.

"I'm all about letting people know this is what we're doing and really increasing awareness," she said. "I want to put a very optimistic and positive turn on things."

How to go green

- ▶ Shut off and unplug lights and appliances if no one is in the room.
- ▶ Use reusable shopping bags.
- ▶ Don't idle your car while on campus or out in the community (Burlington has a no idling policy)
- ▶ Don't litter. Place recyclables in a recycling bin and throw away trash.
- ▶ Consider walking, biking, car pooling, or taking the CCTA Bus to get around. The bus is free for all SMC students, staff and faculty.
- ▶ Buy local products like food, clothing and furniture.
- ▶ Purchase products with recycled content and those with little packaging material.
- ▶ Bring your own mug to coffee shops or cafes.
- ▶ Purchase energy efficient appliances.
- ▶ Wash your clothes on the cold cycle and let them air dry.

Tips can be found on
www.smcvt.edu/sustainability

Green Up SMC meets
Mondays at 7 p.m. in
Alliot Hall

WEDGE: Wooden block keeps intruders away?

Continued from page 1

Bang-Jensen didn't have any confidence in the wedge after trying it out, she said. She thinks a lot of thought went into it and understands why Public Safety had to think it through.

"Being aware of each other in the community is key," Bang-Jensen said. "If we're going to have any physical efforts in the classroom, I would like a door bolt to be able to lock the doors from the inside."

Bang-Jensen has a key because she works in the curriculum library, she said. However, this is unusual among faculty members on campus, and her key will not lock a door from the inside, she said.

"It's unfortunate that we have to be thinking about remote possibilities like hostile intruders," Bang-Jensen said. "There's no simple answer."

The college is dealing with a low-probability, high-impact event, said political science professor John Hughes.

"As a teacher, part of my responsibility has always included the thought on how to evacuate a classroom," he said.

We have to look at what is cost-effective and what will give us an increase in safety at an acceptable price, Huges said.

"The RAVE system keeps people out of danger, and is cost-efficient," he said. "After that we are defenseless. There is nothing

(Public Safety) can do, but they still feel responsible, grasping at straws."

Hughes said he thinks the wooden wedge is highly ineffective to secure a classroom door.

"It ranks up there with plastic duct tape and film," Hughes said. "Teachers are thinking about preparing for classes and hundreds of other things."

Junior Jen Heels said she finds the idea silly.

"I feel like they spent a lot of money on wedges as opposed to putting locks on the door," Heels said. "What's the cost going to be, if and when we have an intruder?"

Soons is open to suggestions, he said. He has a long-term goal to have every classroom door on campus lock from the inside, he said.

"St. Michael's has been reviewing its Hostile Intruder Plan in the wake of the shootings at a nearby local Essex, Vt. school back in 2006," Soons said. "The college has had an emergency plan for years, yet this was a wake-up call to take a look at our procedures."

The wedges aren't going to work on every door, Soons said. It's a tool some professors may or may not use, he said.

"We cannot operate under the assumption that it cannot happen here and allow ourselves to fall into a false sense of security," he said. "Part of education is awareness."

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OPINION

Editorial

Money talks, but do we listen?

In this election year, there is certainly no shortage of pressing issues affecting Americans. Although the war in Iraq and other foreign policy topics are understandably important, the more significant problem facing the country is less conducive to activism and rhetoric.

Earlier this month, the government took control of struggling mortgage lenders Fannie Mae and Freddie Mac to keep them financially solvent, and the Lehman Brothers investment firm filed for bankruptcy. The price of oil surpassed \$100 a barrel for the first time this year, and although it has stabilized after a summer peak, gas and heating oil prices remain high for consumers.

The American economy is facing a serious crisis, and everyone, including college students, will be affected, regardless of how well people understand and recognize the problem.

For one thing, the stigma of bad lending practices will make banks more hesitant to offer loans or mortgages with reasonable rates. Considering that many will still be paying off student loans by the time they want to move out of their post-graduation apartments, members of the college demographic are not exactly safe investments for increasingly nervous lenders.

The impact of a struggling economy can be felt on a smaller scale, too. High gas prices make any transported goods more expensive, especially food. Since wage increases aren't catching up with these trends, more and more people have to make sacrifices and alter spending habits to make ends meet.

It's impossible to be oblivious to recent financial trouble because it has affected nearly every area of the U.S. economy. Still, it's too easy to sit back passively and assume there is nothing the average person can do to help.

What can individuals do to slow this economic downturn? Become educated.

Although most of us can't directly solve the mortgage, investment and gas crises, politicians can set the tone for economic reform, and voters will decide in November how much change they want.

Pay attention to business news instead of tuning it out. It doesn't take much time, and you'll be ready for whatever obstacles a struggling economy might send your way. Through knowledge and a desire for reform, we can help get the American economy back on track.

—Andrew Dennett
executive editor

Letters to the editor

What's your view? Send a letter of 250 words or less to the editor on any subject related to St. Michael's College by e-mail at defender@smcvt.edu. Hope to hear from you soon.

DEFENDER

MISSION STATEMENT

As the editorial staff of The Defender, the student-run newspaper of St. Michael's College, we strive to accurately, professionally and ethically report the news affecting the lives of students and the community.

The Defender is a designated public forum. Student editors make all content decisions. We believe in the freedom of expression. We encourage our readers to express their views at any time.

The Defender publishes letters to the editor in response to articles that we have printed in the paper and issues on campus. The Defender does not publish anonymous letters. Letters will be edited only for grammar, spelling, good taste, and sometimes length.

PHOTO OF THE WEEK | Transit trouble

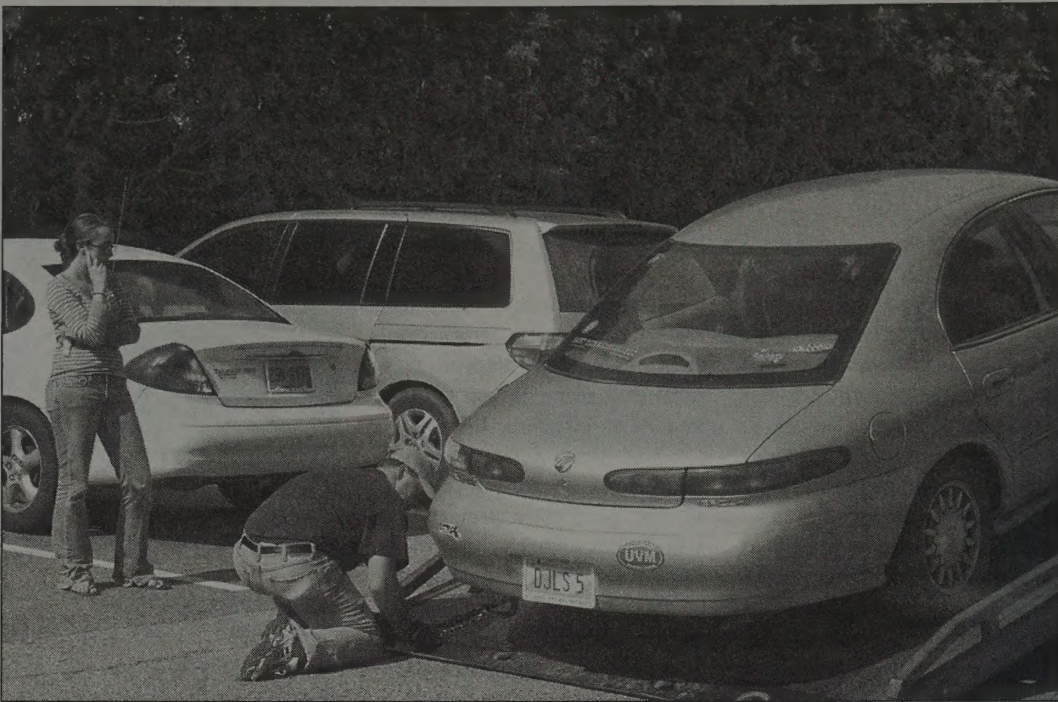


Photo by Jessica Maurice

Behind the 100s townhouses, Deirdre Collins '09 looks on as her car is prepared for towing during Alumni Weekend on Saturday, Sept. 20.

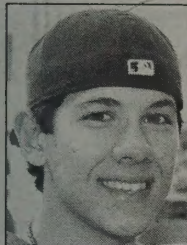


FEATURES

Campus

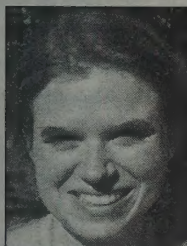
SPEAKS

*What is the lamest excuse
for missing a class?*



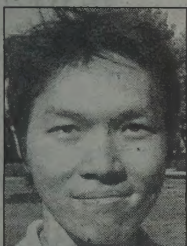
"I slept through my alarm."

Jim Hughes, '12



"It was raining out."

Emily Benway, graduate student



"There was diarrhea in the bathroom and I couldn't take a shower."

Atthapon Mebusaya, graduate student



"I just found out I have an STD."

Lindsey Menninger, '10

"I was too busy taking the walk of shame."

Rachel Allen, '10



"My dog was sick."

John Prudenti, '12



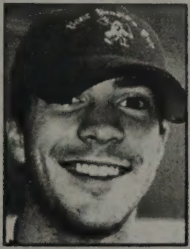
"I couldn't find my pencil."

Sarah Ells, '12



"There are no lame excuses."

Christian D'Amour, '11



Lida Winfield takes viewers though coming-of-age journey

By Kate Lanza
Features Editor

Right before the stroke of 7 p.m. on Tuesday, music bumped through the recital doors of the McCarthy Arts Center. Lida Winfield rolled her head around to stretch her neck in preparation for her performance, "Panty Hose, Combat Boots, and the Search for the Right Tool." While Winfield was practicing the last steps of her show, prospective viewers paced back and forth in the lobby, eager to see just what this woman had to offer.

St. Michael's students, local residents and friends of Winfield flocked into the seats of the recital hall to see the performance. One of the audience members, Peter Curtis, a former co-worker of Winfield's at King Street Youth Center, said he has seen Winfield perform on a DVD.

"I have been trying to get her to work with our teen program," Curtis said.

All of her performances are comprised of personal pieces from her life, and she performed in Burlington at the King Street Youth Center's new student orientation, Curtis said.

Before Winfield's entrance, the stage was set up with a ladder, a piano bench and folding dressing room doors with black clothing hanging up on the panels.

Director of New Student Programs and Assistant Dean of Students Megan Ohler introduced Winfield's performance, giving a brief background of Winfield and encouraging the audience to "laugh, cry, clap, stomp your feet ... share your emotions."

The recital hall dimmed to black and the spotlights beamed to the left of the stage. Winfield, a tiny young woman in green, emerged with her back to the audience. She whirled around in a series of modern dance steps and surprised viewers as she turned around. She was pregnant. At least her costume made it seem she was. Her shirt was stuffed with the symbolic "white mesh" that she would later billow in and roll on throughout her performance.

"What I see in relationship to symbol doesn't have to be what you see," Winfield said. "The tool for me represents a lot of things, and I like the way it looks."

Winfield used personal instances from her life to show how coming of age as a woman is a journey with societal guidelines. To wear lipstick is a privilege, to shave your legs another, and even to wear pantyhose, Winfield said.

Winfield donned all of her black clothing pieces at one point in the performance to convey the gothic stage she went through. She took viewers through all the mishaps and encounters of her life: robbery, being cheated on, and the death of her mother.

Winfield founded her own business in Massachusetts, the Lida Winfield Performing Art



Photo by Andrew Parise

Lida Winfield pulls mesh out of her costume during her performance on Tuesday, Sept. 16 in the McCarthy Arts Center.

Studio, and now teaches at the Flynn Center for Performing Arts.

Before Winfield moved back to Vermont, she choreographed a dance festival where 100 people auditioned. She took all the dancers who were rejected from previous auditions and had them anonymously write five wishes they wanted in their life. As they danced, she read all the wishes out loud instead of playing music, she said.

"There was a wide variety of things. It made me think about personal stories, the power of performance and also its connection between each other," Winfield said. "Art can be a tool for social change and for bridging the gaps between humans."

Winfield said it took several years for the piece "Panty Hose, Combat Boots and the Search for the Right Tool" to come together.

"It was primarily dance with 15 minutes of talking," she said. "I actually made a different solo

show when I moved back to Vermont."

In a short question and answer session following the performance, Winfield confessed that the movement in her show is "always improvised and always different." She could literally retell the story over in her head, even when she sleeps, she said.

"I thought it was fantastic the way she told her stories," first-year Heather Lessard said. "You can relate to any situation, and she was willing to bring that out."

Senior Jerome Allen, music technician, said he thought the show was excellent.

"I am really at a loss for words," he said.

Allen was doing the behind-the-scenes work for Winfield, and he couldn't actually see the show, he said.

"If I had to explain it to someone, it would be more than what I could ever envision it as," Allen said.

FEATURES

HOROSCOPES

By Kate Lanza
Features Editor

LIBRA: (Sept. 23-Oct. 22)

Work your magic now. People tend to notice the birthday baby, but they won't forget the time you completely make a fool out of yourself.

SCORPIO: (Oct. 23-Nov. 21)

You're looking for change, like a new comb-over look or a new part in your hair. Don't do anything too drastic because you don't want the infamous, "Did you get a hair-cut?" question.

SAGITTARIUS: (Nov. 22-Dec. 21)

You feel the need to go green for a bit, so get close to Mother Nature. Burn green candles without setting off the fire alarm, eat spinach rotini pasta and use a green highlighter in your notes.

CAPRICORN: (Dec. 22-Jan. 19)

Staying up late is your motto this week. You will fall asleep with gum in your mouth and wake up with it in your hair.

AQUARIUS: (Jan. 20-Feb. 18)

Allot food has not been treating you well. Purify your system with a late-night slushy stop at Cumby's.

PISCES: (Feb. 19-March 20)

Your long-lost crush is on your mind, and he or she is still lost. It's time to move on and replace him or her. You will be attracted to someone you normally wouldn't see yourself with.

ARIES: (March 21-April 19)

You have a low tolerance for oddballs, but that is not to say you are not one. Step back from your prejudices and release your own inner weirdo.

TAURUS: (April 20-May 20)

Something exciting will happen, like winning a bet, so keep your mind set for excitement by continuously jumping up and down. It also burns calories. Don't worry, something will come.

GEMINI: (May 21-June 20)

You will get run down with lots of work and you might run out of time to bathe yourself. Dab yourself with a little body splash or maybe even Febreze.

CANCER: (June 21-July 22)

Cancer is the sign of the crab ... enough said.

LEO: (July 23-Aug. 22)

The weather is always changing, so dress appropriately, even if it means wearing three different seasonal styles. You can pull it off.

VIRGO: (Aug. 23-Sept. 22)

Those pesky St. Michael's squirrels know your schedule like you know the back of your hand. If you're lucky, they might scurry by you with your good friend Ben Franklin.

Ready for some football?

By Kristen Fiocco
Features Editor

With temperatures dipping to 57 degrees, a few seniors migrated toward the tennis courts for their weekly Monday night football game on Sept. 15. A drizzling, frigid rain briefly passed overhead. The men circled up, spun the football on the court and waited for it to point to the captains. After selecting teams, "Monday Night Lights" commenced.

Monday Night Lights, a series of nighttime pickup football games, has been a weekly tradition since freshman year for senior and creator Conley Eagan. Over four years the group has thinned out, but it has never dissolved entirely.

"Freshman year it was easy to get everyone out," Eagan said. "Now we just get people out there whenever we can."

That night more than 13 football players made their way to the tennis courts, which was a good turnout, Eagan said.

"Conley knows everyone," senior Vasilios Kostakis said. "He was the one who invited me here ... Most of the time I don't know all of the guys."

Throughout the night, a few more men wandered under the bright lights of the tennis courts to watch and play. Kostakis, wearing orange swim trunks, was on his way home from working out at the Ross Sports Center when he noticed the game and stopped by, he said.

"The best part of backyard sports is everyone getting to-



Photos by Jessica Maurice

(ABOVE) The Monday Night Lights players huddle up to pick teams. (BELOW) The rules of the tennis courts posted on the fence.

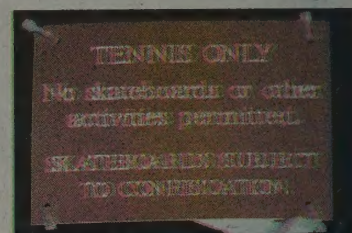
gether," Kostakis said. "It's such a positive game ... even when it gets intense, no one will attack anyone."

Later in the game, however, senior Ricky Hubbard got checked into the chain-link fence during a play. With just a grunted apology and a quiet gasp from a female spectator, the players lined up for the next play.

Meanwhile, senior Colin Tierney and Student Association President Steve O'Neil played a tennis match on the end court during the game. When football players arrived earlier, Tierney and O'Neil had already been playing for 30 minutes but still had about another hour to go in the match, Tierney said.

"The tennis players usually just leave," Hubbard said with some sweat trickling down his forehead. "It's because we come at the same time every week."

Tierney and O'Neil stayed and finished their match. The football players were very re-



spectful, and had the right to use the tennis courts, O'Neil said. A few passes crashed down on their tennis match, but they ignored them.

"It's actually nice to see other people on the tennis courts," Tierney said.

Monday Night Lights continues until December and is at its best when the tennis nets come down, senior Alex "Scooter" Furdon said.

Anyone is welcome to join the games at 8:30 p.m. every Monday, although the majority are seniors, Eagan said. He hopes this is not the last year for Monday night lights, but he acknowledges it may be hard to find new people to keep the tradition going.



Photo by Brian MacDonald

MOVE volunteers gather outside Durick Library for a photo. The group set up a barbecue on the library lawn at noon.

MOVE celebrates 20th birthday at St. Michael's

By Roni Reino
Managing Editor

A chorus of "Happy Birthday" sang out from the steps of the Durick Library on Saturday, Sept. 20. Mobilization of Volunteer Efforts office (MOVE) held an all-day serve-a-thon in celebration of 20 years of community service at St. Michael's.

MOVE, a part of Campus Ministry, began in 1988 after receiving a grant for \$30,000. The office's mission aims to help those in need and reach out to the community. Its structure came from the inspiration of Wayne Meisel, a Harvard graduate and a former director of Campus Outright Opportunity League (COOL). Meisel spoke to the campus about possible community service opportunities, according to the MOVE Web site.

The Rev. Michael Cronogue, superior general of the Society of St. Edmund, wrote the grant to the Federal Domestic Volunteer Agency, a national program to help community service programs, to begin funding for MOVE.

"It lacked a point person to go to," Cronogue said. "(The grant) helped establish continuity and a full-time coordinator."

In 1993, Ann Giombetti became the full-time director with the help of Assistant Director Stephen

Garbarino, a 1992 St. Michael's graduate. They helped MOVE grow from 12 programs to more than 25.

Over the years, MOVE has had four full-time directors. Heidi St. Peter is the current director and Jason Moore serves as assistant director.

"(MOVE) changes people's life focus," St. Peter said. "You become involved in it and many of the students take it with them when they graduate."

Today, MOVE offers a total of 22 programs to students. There are 11 domestic trips and two international trips a year. In the past, students have traveled to Uganda and Kolkata, India. Last year, 537 students volunteered in a MOVE program.

Many alumni attended, as well as former directors, St. Peter said. Among them was Giombetti.

Other students participated at off-campus venues, such as first-year Nicki Ainsworth. She spent her time repairing the Haunted Forest in Williston. Ainsworth wants to work with Habitat for Humanity and take at least one domestic trip and one international service trip while at St. Michael's, she said.

Senior Bill DeGrush worked at the Community Garden, weeding, tilling and picking vegetables.

"It was nice to see everyone," he said, juggling a pumpkin from the garden. "It's not too often that we get everyone together from all the programs."

ARTS & ENTERTAINMENT

Turtle Underground launches into third year

St. Michael's students provide musical entertainment on North Campus

By Erin Blair
A&E Editor

Although most students spend their weekends running from the Quad to the 300s field, many also can be found in the basement of Purill Hall on North Campus at Turtle Underground. The group holds events each Saturday night running from 9 p.m. to midnight or later.

Last year Turtle Underground held 16 events, ranging from open-mike nights to performances with invited bands, said Jon Kaptcianos, senior and former co-runner of Turtle Underground. Turtle Underground also produced a CD to spread its coffee-house vibe.

Events at Turtle Underground drew 1,085 students last year. Between 50 and 750 people would come and go during each three- or four-hour event, Kaptcianos said.

"This year, we will be a club, adhering to club expectations and standards while still maintaining the free-form mentality and functionality that Turtle has operated with since the beginning," said Tom Cadrin, president of Turtle Underground.

Turtle Underground also expanded its audience by hosting three shows in the basement of Alumni Hall last semester and hopes to continue that tradition this year, too.

Two hundred and forty students attended the Alumni Hall events with an av-

erage of 80 attendees per night, Kaptcianos said.

"Having Turtle in the Alumni basement draws a different crowd such as freshmen and people who don't travel up north often," he said. "This is absolutely desirable. The more people know about Turtle, the better future events will be."

The Student Association provided \$7,000 toward the Turtle Underground program last year. These funds were spent on equipment, small concerts, advertising and other general expenses that are required for coffee-house events, Kaptcianos said.

Most of the funds were taken from S.A. event funds, donated or raised, Cadrin said.

The money also helped bring in bands such as Boxcar Charlie, Beautiful Lies, In Memory of Pluto, Zac

Clark, Gravel, Josh Dion Band and Spiritual Rez to perform.

Regular performers last year included Automatic Tommy, Billy Collins, Kelsey Kobalt, Matt McCarthy and The Hamel Boys, providing a nice range of rock, jamming and acoustic performances, Kaptcianos said.

Some Turtle Underground events brought visitors to St. Michael's, especially when performers from off-campus were invited, said Cadrin.

"We try to highly encourage keeping Turtle an SMC event," Cadrin said. "How-

ever, as long as people are responsible and adhere to the guest rules that are in place at St. Mike's, outsiders are more than welcome."

"As the name has gained more reputation, word of mouth will, and already has, become a larger aspect in promoting our events," he said.

Because each event took place within dry areas of campus, there is a mutual understanding that alcohol of any sort is prohibited, Kaptcianos said.

"We control drinking by confronting any instance we see," Cadrin said. "If we see it, hear it or smell it, it must be confronted."

Since Turtle Underground is held in Purill Hall, The North Campus staff office is located just upstairs and the R.D.'s apartment is located on the first floor, so there is always an RA or an RD close by."

Kaptcianos said that for the most part, everyone was respectful of this rule.

"When I would host Turtle in the Alumni basement and was also serving as the RA on duty, with shiny keys and a sweet walkie-talkie on me at all times," he said. "I would like to think that helped deter any drinking."

Kaptcianos said he and Cadrin hope to play an active role in the program, but would like to see expansion in the leadership and structure, especially since Turtle Underground is an SA-funded club.

This means it needs an executive board consisting of a president, vice president, treasurer and a faculty adviser, he said.

"Personally, I am a little busy this semester with classes, tutoring, soccer and

other things," Kaptcianos said. "Also, my position as S.A. secretary of finance puts me in a weird situation with running a club, especially if that would involve handling any funds for spending."

Due to this, Kaptcianos will not hold a leading role in Turtle Underground this year, but will remain a part of it, Cadrin said.



Photo by Jessica Maurice

Junior Ben van Renesse plays the keyboard at Turtle Underground Saturday, Sept. 20.

Men's a cappella group welcomes new singers

By Erin Blair
A&E Editor

Despite their busy class schedules, 15 singers ranging from first-years to seniors join together every Monday and Thursday night to recreate the harmonies of songs by the likes of Billy Joel and Kanye West in the a cappella group Mike Check.

The group's roots hail from a small barbershop trio that began in the fall of 2006. The group became official last semester when a group of first-years expressed interest in forming a pop a cappella group that allowed the two to form together.

Sophomore Philip Noonan said the group couldn't get the word out when it first started.

"Naturally, we sent out a ton of Grace Kelly e-mails until we had bugged enough people to show up," Noonan said. "I mean, when you get six or seven loads of those e-mails a day, and even if you delete them all furiously, you get to thinking, 'Hey, why is there only one a cappella group on campus?' This strategy worked with approximately eight people."

With the word out there, Mike Check received a positive response and a number of responses from people who wanted to join. The group became more recognizable, which allowed it to do the songs it wanted, said senior Tim Mason-Osann, original member of the barbershop trio.



Photo by Andrew Parise

Junior Jared Palardy plays piano for first-year Chris Crocker as he auditions for Mike Check.

"Of course, I was ecstatic because we had been struggling to keep four people in our group the year before," Mason-Osann said. "The fact that we automatically had five people including myself meant that we would easily have a full group, and that was sweet."

This year, four men auditioned. All four were accepted.

The group criteria is singing the right pitches and having some musical experience, Noonan said.

Some members of Mike Check can't read music, but they are usually the ones who can tell if they have sung something wrong, Noonan said.

Being able to sing is the most important factor, but the leaders also look for the ability to blend well with the rest of the group, what the singer's range is and how well he can match pitches., sophomore Jon Wheeler said.

Last year, the group performed at open-mike nights and outside on campus after practices. This year, the group has booked performances at Milton High School and South Burlington High School.

"We will sing on campus, too, especially because we will have the songs ready in about three weeks, but it will be cool to get off campus and sing for strangers," Mason-Osann said.

The group meets in the basement of the McCarthy Arts Center to use the piano for practices.

The group is also currently undergoing meetings with the Student Association to gain club status and funding for musical scores, Mason-Osann said.

"Last year, the process involved Mike Check claiming to be a group and the SA not recognizing us," Noonan said.

If the group had formed during the first semester, Noonan said, it would have been recognized by the S.A.

Now the S.A. is involved in making the group legitimate. Mike Check plans to use the money from the S.A. to purchase musical scores, folders for the scores, milk

crates to keep the folders and closets to store the crates, Noonan said.

As the beginning weeks of school passed by, group members worked on updating song books and finding music each member could relate to and enjoy.

The group hopes to get music from junior and Mike Check member Zach Pratt, who Noonan described as having a "pretty sweet music library." The group also plans to purchase music from Web sites or local stores.

"The last manner in which we plan to acquire music is through our own devices," Noonan said. "We have some very talented folks who can throw together an arrangement in no time flat."

The group compromised has three songs down as a group, including "For the Longest Time" by Billy Joel, "Zoot Suit Riot" arranged by Eclipse and "Goodbye, My Coney Island Baby/We All Fall Medley." The group also plans to get back to its roots with more barbershop songs. It hopes to add about 10 songs to its collection this year.

"The barbershop songs were written in, like, 1910," he said. "It's cool singing really old music. It's like a connection to the past."

The group is excited to begin performing with its five new members who include senior Chris Gosselin, and first-years Chris Crocker, Chris Lavalley and Miles Gasek.

"It's a really interesting way to express yourself," Mason-Osann said. "There's something bonding and uniting about singing with 12 close friends and having the tight all-male harmonies that you can produce in a group like this."

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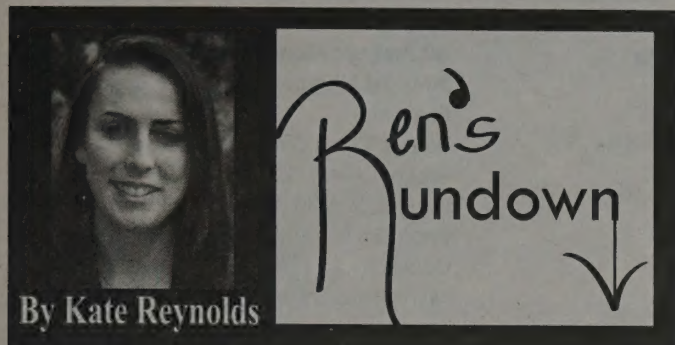


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COLUMNS



By Kate Reynolds

You won't jump

I had a serious craving for extreme adventure this summer while I was in Vermont.

I needed an adrenaline rush that didn't cost money and did not involve anything illegal. My friends and I had heard of Red Rocks, some high cliffs with a serious reputation for danger.

The jumping point that we found, after trespassing a private community (OK, maybe it was going to be a little illegal), trudging through the woods and scaling a rocky incline, was beautiful. The panoramic view rivaled any of those you would get on a lake cruise.

However, the atmosphere created by the jumpers was a little more like the movie "Dazed and Confused" than a romantic lake cruise.

Crushed beer cans lined the walk to the edge. The smell of smoke (not the cigarette kind) filled the air. Music bumped from an ipod on the rocks.

Beer actually fits surprisingly well into the cliff jumping scene. Some people need the liquid courage to get their body from the cliff to the water. Other people need a few beers to cushion the inevitable pain of the fall.

I, on the other hand, was going to be the crazy person jumping sober.

We started out toward the 45-foot cliff next to the dreaded 76-foot monster cliff. Immediately, we noticed one girl lying in pain on the rocks below.

People informed us that the girl had jumped off the experts-only 76-footer and landed with her body horizontal to the water.

We decided that it was still OK to jump the lower, tamer ledge. One by one my daredevil guy friends (and avid cliff jumpers) performed flips and tricks that made the jump seem easy.

Then, I was singled out. Strangers were chanting, "You won't jump." After a few minutes of heckling, their voices all blurred together and slowed down. It was like the teacher from Charlie Brown was behind me urging me to jump.

I took a running start and leaped off the rocky cliff. My form was incredibly goofy. Trying to keep your bathing suit top on while not slamming into the water at a bad angle is harder than it seems.

The ten seconds in the air seemed like an eternity. I couldn't tell where I was in my fall.

I thought I should have hit the water by then. I knew I wouldn't look graceful, but I felt like a paralyzed bird with my arms stretched out and my legs stuck together.

I started to panic and let out a noise that I had never made before. I was later told it was a combination of a shriek, a scream and a cough. (A shreamough?)

Then gravity kicked in and changed my form from a pencil dive to an awkward sitting-position free fall. I hit the water hard, butt first. Swimming when your butt is numb is not advisable and will not make you look cute. Even 45 feet below, I could hear bursts of laughter.

I hugged the rocks and didn't feel the adrenaline rush. The injured female jumper was still lying in pain, unable to walk up the ledge. I looked at her, stretched my sore leg, and felt stupid.

Out of all my daring stunts, this one ended my risk taking career. It was not my most reckless act, but it was the only time I felt like I was not invincible.

Thankfully, I walked away from the cliff with only bruised feet and a sore butt. The girl on the rocks did not leave the cliff so lucky. The Coast Guard came and took her to the hospital for a cracked pelvis and a dislocated hip.

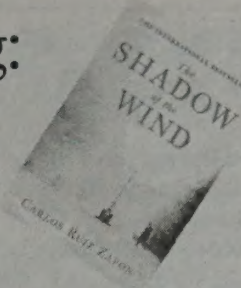
I have said my extreme days are over, but I still occasionally get the itch to go do something crazy. Sometimes I am even tempted to go back to Red Rocks and jump the cliff again. I have to remind myself periodically that there are plenty of ways to feel alive without risking your life.



Photos courtesy of Kristina Kelley

A Book You're Not Reading:
"Shadow of the Wind"

"Look, Daniel. Destiny is usually around the corner. Like a thief, like a hooker, or a lottery vendor: its three most common personifications. But what destiny does not do is home visits. You have to go for it."



Just to be clear, I will not be reviewing Carlos Ruiz Zafón's "The Shadow of the Wind."

GUEST
COLUMNISTJamie
Gorton

I'm not a big fan of book reviews. Sure, I'll trust some. But the lion's share of reviews start by looking at a book I know I'm not going to read. Then they paint the book with a wide spectrum of gray: No book is good or bad enough to get either a good or bad review. Reviews avoid optimism, in case the book actually bombs, but also avoid pessimism, because millions of people actually read "The Da Vinci Code."

Instead, we get reviews with no-holds-barred opinions like, "This book almost blew away my somewhat low expectations," or "I was bored and jaded with this book's awesomeness." Worst of all, reviewers love to beat on a book without having the heart to condemn it, leading to final

sentences like, "Despite the slow pace, flimsy characters and stale premise, this is definitely worth a look." Indecisive commentary leans toward pessimistic because negative reviews are more fun to read and to write.

So, before this column gets any longer, I'd like to introduce to you to Carlos Ruiz Zafón's "The Shadow of the Wind."

I stumbled across this book, in the former president's own Reiss House of all places, two years ago. President VanderHeyden, or his wife, or both, had it in their living room, and a cursory glance at the back cover convinced me to buy it.

Nutshell: In the days just after World War II, a young man finds a copy of a book called "The Shadow of the Wind" by one Julian Carax. After falling in love with the book and trying to learn more about Carax, he discovers that Carax suffered a suspicious death, and someone is slowly finding all surviving copies of his book and burning them. He then goes on a whirlwind tour of Barcelona with his silver-tongued mentor to unravel the mystery that haunts Julian

Carax's childhood, and why one of the most powerful fascists in the city hates his guts.

This is deliciously, but perhaps too intentionally, gothic: A haunted house, murder, exciting chases, three or four illicit loves and a ton of pyromania abound. If you blend those together, you could make a pamphlet about tomato hornworms a decent airplane read. But this book pushes past pulp-fiction with intelligent commentary, spirited characters and subtle textual treats.

Clever simile drives the narration. At one point Daniel's face is "so red you could light a cigar with it from three feet away." Professional critics might call it pretentious, but then again professional critics have compared this book to everything from "The Hunchback of Notre Dame" to Auster's New York Trilogy.

Give it a shot.

Jamie Gorton is a junior English major at St. Michael's. You can contact him at jgorton@smcvt.edu (Look for more of Gorton's Books You're Not Reading in the A&E section in future issues.)

The Spirit of St. Michael's

What an exciting time to be a St. Michael's student! We are witnessing a historical presidential election. We are conserving and preserving through new Green Up policies. Many watched and celebrated as the Red Sox became the 2007 World Champions.

GUEST
COLUMNISTMeghan
Jairo

This is a historic time for our nation as well as the world.

Where are you? What are you doing? It seems as if campus life is completely saturated with endless meetings and homework, with incredible amounts of information and different events planned on campus added to our regular class schedules. With so much going on, how do we manage? It seems as though it would be easier for St. Michael's students to retreat into their own individual lives and let others sweat the bigger stuff.

But this is not true for St. Michael's students. We like to get our hands dirty and become leaders of our generation. I have met incredibly active St. Michael's students in the past two years who juggle with class schedules, homework, social life, athletics, volunteer work and, if lucky, bedtime.

And yet, it seems that the typical St. Michael's student is always compassionate and drives to understand what is going on in the world. Perhaps it is the community environment that St. Michael's thrives on, but students generally recognize that we are part of something bigger than ourselves. We are participants in local and global affairs, we advocate and share our opinions, and, ultimately, we make a difference in the world.

This is not to say that St. Michael's students never experience fatigue or stress. We are, in fact, only human. Being pulled in a thousand directions will take a toll on any college student. We may, from time to time, experience apathy and disinterest toward the issues that plague our nation. We surmount these defeating qualities, though, because

of our faculty and staff. They serve as our safety net and can pick us up when our morale is low. I bet every student on campus has been in contact with at least one professor who has inspired him or her. With the encouragement of our faculty, the spirit of our friends and the motivation of our cause, we rebound to create a positive difference.

We are living in such a difficult and exciting time, and it will inevitably be our generation that needs to pick up the pieces and put them back together. Do we have what it takes to accomplish such an overwhelming task? I think so. I have listened to St. Michael's students' opinions and ideas. I have seen our selfless actions. I have faith that if we continue to be passionate and educated individuals, we will become inspirational leaders who will mobilize others and create necessary change.

"Change" has been the coveted word lately throughout the presidential election. Though change may occur in the powerful political sphere, it is not the only avenue. We, as citizens and students of the United States, can also make our voices heard in order to promote the change that we believe is important for today's world. With energy and determination, St. Michael's students can make their voices and ideas heard. From what I have learned from St. Michael's students, we will rise to the challenge of addressing the issues troubling our community.

I am grateful that I have had this opportunity to shed well-deserved recognition on the students at St. Michael's College. In a universe where apathy overpowers empathy and arrogance triumphs over understanding, St. Michael's students embody the spirit of civic involvement desperately needed and admired. I hope that our generation will create a better world for us as well as for future generations.

What an exciting time to be a St. Michael's student.

Meghan Jairo is a junior sociology and anthropology major at St. Michael's. You can contact her at mjairo@smcvt.edu

CALENDAR

Tuesday/23

Concert: Rusted Root (all ages)

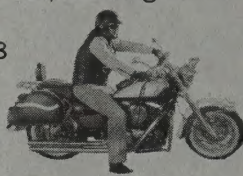
Where: Higher Ground Ballroom, South Burlington
When: Door 7 p.m., show 7:30 p.m.
Price: \$25 in advance, \$27 day of show
Contact: 888-512-7469

Performance: STOMP (all ages)

Who: An all-dancing, all-drumming troupe
Where: Flynn Main Stage, Burlington
When: 7:30 p.m.
Price: \$35-\$55
Contact: 863-5966
(www.flynncenter.org)

Rally: Bike Night

Who: Motorcyclists gathering at a city-approved rally to get to know local enthusiasts.
Where: Outside Donny's New York Pizza, Winooski
When: 6-9 p.m.
Price: Admission is free, featuring free soda and \$1 pizza
Contact: 655-7888

**Film and Discussion: The Business of Bees**

Who: After a showing of the film "Health & the Hive: A beekeeper's Journey," Todd Hardie of Honey Garden Apiaries, filmmaker Jan Cannon and a representative of the Vermont Agency of Agriculture, will lead a panel discussion.
Where: Hoehl Welcome Center
When: 4-6 p.m.
Price: Free. Honey samples available.

Wednesday/24

Karaoke with Robble J. (21+)

Where: Second Floor, 165 Church Street, Burlington
When: 10 p.m.
Price: \$1 drafts featured
Contact: 660-2088
(www.secondfloorvt.com)

**Game Night: Trivia (21+)**

Who: Gather a team of four to play
Where: Unwinders, Colchester
When: 9 p.m.
Price: free
Contact: 654-8080

Thursday/25

Concert: The Pulse Prophets, Peter Negroponte's Jazz Rehab

Where: Nectar's, Burlington
When: Peter Negroponte's Jazz Rehab 5-7 p.m., Pulse Prophets, 10 p.m.
Price: Free for 21+, 18+ is \$5
Contact: 658-4771
(www.liveatnectars.com)

Talk: Peak Oil, Reality or Spin? The Unspoken and understated Issues of Campaign 2008.

Who: Student Michael Imholt will speak
Where: Burlington College, 95 North Avenue, Burlington in the Community Gallery
When: 5-8 p.m.
Price: Free
Contact: 862-9616

Game Night: Trivia Mania

Where: Nectars
When: 7 p.m.
Price: Free for 21+, \$5 for 18+
Contact: 658-4771
(www.liveatnectars.com)

Friday/26

Concert: Yarn, Kelly Ravin, Seth Yacovone, Andy Schlatter (21+)

Where: Nectar's, Burlington
When: Andy Schlatter 5 p.m., Seth Yacovone 7 p.m., Kelly Ravin at 9 p.m., Yarn at 11 p.m.
Price: \$3
Contact: 658-4771
(www.liveatnectars.com)

Concert: Barefoot Truth (all ages)

Where: Higher Ground Showcase Lounge, South Burlington
When: 8:30 p.m.
Price: \$8 in advance, \$10 at the door
Contact: 888-512-7469

Saturday/27

Concert: The Attic (21+)

Where: Nectar's
When: 11 p.m.
Price: Free
Contact: 658-4771
(www.liveatnectars.com)

Sunday/28

Music Night: MI yard Reggae (21+)

Where: Nectar's
When: 10 p.m.
Price: Free
Contact: 658-4771
(www.liveatnectars.com)

Workshop: Flamenco Dance

Who: La Magdalena offers a course in flamenco
Where: Flynn Center, Burlington
When: Level I: 1-2:30 p.m., Level II: 3-4:30 p.m.
Price: \$40/workshop, \$60/both
Contact: (www.flynncenter.org)

Monday/29

Concert: Monday Residency featuring Amozen with Lendway and Jeff Bujak

Who: Up-and-coming bands are featured for one month at Nectar's
Where: Nectar's, Burlington
When: Jeff Bujak at 9 p.m., Lendway at 10:30 p.m., Amozen at 11:30 p.m.
Price: 21+ free, \$5 for 18+
Contact: 658-4771
(www.liveatnectars.com)

Concert: With the Ergs!, Bomb the Music Industry and Landmines (all ages)

Where: Higher Ground Ballroom, South Burlington
When: 7:30 p.m.
Price: \$16 in advance, \$18 day of show
Contact: 888-512-7469

Mass: Feast of St. Michael

Where: Chapel of St. Michael the Archangel
When: 4:30 p.m.
Price: Free

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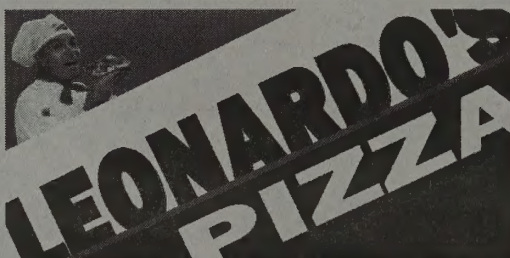
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\$4.00	\$5.00	\$5.00	\$6.00

LEONARDO'S TOPPINGS MED. \$1.50 ea LG. \$1.75 ea

Italian Pepperoni	Freshly Sliced Green Peppers
Hot Italian Sausage	Marinated Sun Dried Tomatoes
Fresh Ground Western Beef	Sliced Jalapeno Peppers
Cob Smoked Bacon	Roasted Red Peppers
Marinated Chicken Breast	Freshly Chopped Garlic
New England Baked Ham	California Black Olives
Anchovy Filets	Sweet Hawaiian Pineapple
Fresh Plum Tomatoes	Marinated Artichoke Hearts
Freshly Cut Broccoli	Italian Gorgonzola Cheese
Fresh White Mushrooms	Greek Feta Cheese
Fresh Green Spinach	Herbal Soy Cheese
Freshly Sliced Eggplant	Grated Parmesan Cheese
Freshly Sliced Red Onions	Flavorful Four Cheese Blend

VEGETARIAN FAVORITES MED. \$14.25 LG. \$17.50

- Four Cheese Fusion**
Fresh Garlic Sauce, Fresh Green Spinach, Fresh Plum Tomatoes with Mozzarella, Cheddar, Parmesan & Gorgonzola Cheeses
- Fresh Mushroom Florentine**
Freshly Chopped Garlic, Freshly Sliced Red Onions, White Mushrooms, Plum Tomatoes, Green Spinach & California Black Olives
- Exotic Greek Island**
Freshly Chopped Garlic, Freshly Sliced Red Onions, Green Spinach, Plum Tomatoes & California Black Olives with Greek Feta Cheese
- Santa Fe Hot Mexican Fiesta**
Fresh Tomato Salsa, Black Beans, Freshly Sliced Red Onions, Fresh Plum Tomatoes, Sliced Jalapeno Peppers, California Black Olives & Sour Cream
- Gorgonzola Gourmet**
Fresh Garlic Sauce, Green Spinach, Plum Tomatoes, Marinated Artichoke Hearts with Gorgonzola Cheese
- Asian Thai Vegetarian**
Thai Peanut Sauce, Freshly Sliced White Mushrooms, Red Onions, Green Bell Peppers, Cut Broccoli & Fresh Plum Tomatoes

VEGETARIAN WORKS MED. \$14.25 LG. \$17.50

Freshly Cut Spinach, Broccoli, White Mushrooms, Green Peppers, Red Onions, Plum Tomatoes & California Black Olives

THE PARTY PAK • SERVES 10	
2 Large One Topping Pizzas	
1 Double Order Wings • 2 Orders Cheesy Bread	

DISCOUNT

\$200 OFF

ANY LARGE HAND MADE PIZZA

SO. BURLINGTON 951-9000 NO OTHER COUPONS APPLY EXPIRES 8/30/2009 BURLINGTON 862-7700

DOUBLE DEAL

\$18.00

TAX INCLUDED!

TWO MEDIUM, TWO-TOPPING PIZZAS

SO. BURLINGTON 951-9000 NO OTHER COUPONS APPLY EXPIRES 8/30/2009 BURLINGTON 862-7700

FAMILY PAK • SERVES 5

\$22.00

TAX INCLUDED!

ONE LARGE ONE-TOPPING PIZZA
ONE ORDER OF WINGS
ONE ORDER OF CHEESY BREAD

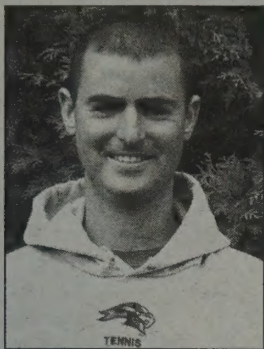
SO. BURLINGTON 951-9000 NO OTHER COUPONS APPLY EXPIRES 8/30/2009 BURLINGTON 862-7700

SPORTS

ATHLETE of the WEEK

John Lescure

| Senior | Tennis | Kennebunk, Maine | Political Science |



High school: Berwick

Started playing: 5 years old

Why SMC? “I love the area, the small school feel, and I’m in the ROTC here.”

Favorite food: Cheddar burger

Pre-game rituals: Always wears wool socks on match day. Taps the baseline with racket before each point.

Sports idol: Pete Sampras

Favorite sports memory: Playoff match last year when people who usuall won had lost and it all came down to Dave Besserer. He won and the team made it to the second round for the first time in 10 years.

Why chosen: Defeated Le Moyne 6-2, 6-2 in No. 1 singles and 8-3 in No. 1 doubles with partner Sean Steigerwald in a 7-2 team victory.



cut this out!

Purple Knights upcoming sports schedules

Men’s soccer

DAY	GAME	TIME
24	Franklin Pierce	4 p.m.
27	Le Moyne	1 p.m.
30	at Merrimack	4 p.m.
4	at Stonehill	11 a.m.
7	St. Rose	3:30 p.m.
11	American International	2:30 p.m.

Women’s soccer

DAY	GAME	TIME
23	at Franklin Pierce	7 p.m.
27	at Le Moyne	Noon
1	Merrimack	3:30 p.m.
4	Stonehill	1 p.m.
8	at St. Rose	4:14 p.m.
11	American International	1 p.m.

Volleyball

DAY	MATCH	TIME
27	at Le Moyne at East Stroudsburg (Both games at Le Moyne)	4 p.m. 6 p.m.
1	at UMass Lowell	7 p.m.
3	American International	7 p.m.
4	Assumption	2 p.m.
7	Plattsburgh	6 p.m.
17	Stonehill	7 p.m.

Men’s tennis

DAY	MATCH	TIME
28	at Southern New Hampshire	1 p.m.
5	Franklin Pierce	Noon

Men’s rugby

DAY	GAME	TIME
27	at Amherst	TBA
4	Williams	1 p.m. 3 p.m.
11	Middlebury	1 p.m. 3 p.m.

Field hockey

DAY	GAME	TIME
25	Franklin Pierce	4 p.m.
28	at American International	1 p.m.
30	at Bentley	7 p.m.
4	at Stonehill	1 p.m.
8	Merrimack	3:30 p.m.
11	Southern Connecticut	Noon

Cross country

DAY	MEET	TIME
27	Hoffmann Invitational, at St. Lawrence	11 a.m.
4	at Vermont State Meet	M 11 a.m. W Noon
11	at New England Regionals	M 10 a.m W 11 a.m.

Golf

DAY	MATCH	TIME
28/29	NE-10 Championship The Orchards Golf Club South Hadley, Mass.	TBA

Women’s tennis

DAY	MATCH	TIME
28	Southern New Hampshire	1 p.m.
5	Franklin Pierce	3 p.m.

Men’s rugby

DAY	GAME	TIME
27	at Amherst	TBA
4	Williams	1 p.m. 3 p.m.
11	Middlebury	1 p.m. 3 p.m.



Hit the clubs

We are an active bunch. When the weather is nice, St. Michael’s students won’t be found indoors. Whether we are strolling the nature paths, tossing a football under the tennis lights, playing volleyball on the freshly manicured sand courts, or piling six people deep into a subcompact Hyundai to bomb it up to Smuggs, we usually find something to do. When November hits and it’s miserable out, we rush to the gym to play basketball or squash and to work out. In the end we all seem to find a way to move our bodies.

With all the sports-related fun at our disposal, why don’t we, the students, start more club sports? It’s not difficult to do, and just about any group can organize a club no matter what they do. All it takes is a thought-out presentation before the Student Association at one of its scheduled meetings.

Did you know we actually have a knitting club? My question is, if there is a knitting club, why isn’t there a beach volleyball club, or a lacrosse club? A bass fishing club? There sure seems to be more excitement for Monday night touch football on the tennis courts than for knitting. No disrespect to the members of the knitting club, they do some great work with COTS and the Vermont Children’s Hospital.

There are certainly enough people on campus to get some new clubs going. So many of us were high school athletes, but didn’t have the opportunity or the drive to continue playing our sport at the college level. Champlain College has a club basketball team, so does UVM. Why don’t we? There must be 12 of you out there that would love to crush Champlain College in a game of hoops.

During my first year at St. Michael’s there was a small group of students who got together and decided to start a sword guild. They fashioned themselves some

wooden weaponry, organized some practices in the Quad, and there they were, the Sword Guild Club. I don’t think the guild lasted long, but I admire its initiative.

We already have some great clubs. The Ski and Snowboard Club and the Rugby Club have been gaining in members and in spectators in each year since their inception. The S.A. gives these clubs money to buy uniforms, travel and put on events. On the less well-known side, there is an ultimate Frisbee Club, a Track Club, a Fly Fishing Club and a Cycling Club.

There are also some great intramural tournaments throughout the year, -softball, floor hockey and indoor soccer- but these events center more on alcohol consumption than legitimate competition, with the focus being the number of beers you can drink rather than the points you score.

Club sports can be as competitive or as relaxed as you want them to be. The Rugby Club is a great example of a club that is focused and driven. They practice hard and play hard; you don’t join the rugby team to to work on your tan. The Ultimate Frisbee Club also schedules games against nearby schools.

If St. Michael’s were perfect, we would have a club team for every varsity sport. We are fortunate to attend a school that will provide almost anything to its students. So let’s take advantage of it. We have an awesome student association, run by students who really want to see the school reach its full potential, and Grace Kelly, director of Student Activities, who is always available to answer questions.

On Sept. 23, when the S.A. holds its first meeting, I hope to see lots of students trying to start clubs. Maybe this year we can funnel some of our energy into something a little more worthwhile.

SPORTS



Photo by Jessica Maurice

Next Week's Issue!

The field hockey team is off to a 5-2 start this season. Get an inside look at this year's team in the next issue of The Defender.

Tricia McCormick, Natalie Elvidge, Lynsey Nally, and Xanny Simmons (left to right) line up for a penalty corner in a game against Assumption. The Purple Knights won 4-1.

Soccer sisters

Sky and Teal Bryan bring family ties to team

By Nick Babbitt
Sports Editor

Sky Bryan and younger sister Teal grew up playing soccer. As kids they trained together, played together and now are bringing a new dynamic to the St. Michael's women's soccer team.

"Sky has been playing the best college soccer of her life," Coach Marcel Choquette said of his senior midfielder. "And Teal has been instant offense. She's a great threat with the ball and very fast."

The close friendship they have translates into good communication on the field. They very rarely fight, Teal said. Choquette simplified their on-field relationship,

"It's terrific. Sky bosses and Teal listens," he said.

Teal joined the team this year as a first-year, with Mary Catanzarita and Sarah Delurey, whose older sisters played on the St. Michael's soccer team in previous seasons. Having siblings on the team helps the younger athletes acclimate to the rest of the team, Choquette said.

"It makes the transition a little easier. The older sisters really sold them on the school and on the program," he said. "It's becoming a great tradition."

When Teal had to make a last minute decision about where to go to college and play soccer, she felt she knew enough about St. Michael's to make the right choice, she said.

"I felt really comfortable when I decided to come here because I'd visited Sky a bunch of times and always had a really good time," she said. "I also knew the coach was interested, and that I could potentially get some playing time in my first year."

Sky and Teal played together at Greely High school in Maine, where their team made it to the state championship, but failed to bring home the title.

"It was nice to kind of lead my sister back then, and to go through that experience again in college, it's even more special," Sky said.

"In high school you feel pretty lost as

a freshman," Teal said. "But here, I already had some good friends before the season began, and the team and the school were very welcoming."

There were friendships formed before the start of the season.

Choquette is trying to turn the team's good chemistry into success on the field. Both Sky and Choquette agree that the main goal of the season is to make it to the NE-10 playoffs. The team was 8-7-3 in the NE-10 last season, but didn't to make the playoffs.

"Last year we tied like seven times and lost a lot of one goal games," Sky said. "It's really frustrating losing one goal games."

Since Sky has been on the team, it has not made the playoffs, she said.

This season, the Purple Knights are off to a 3-4-1 start.

"I've been happy with the work rate so far," Choquette said. "We've been training hard and all the work is really coming out on game day."

Choquette sees a huge improvement in Sky's decision making with the ball, and said it gives her more of a presence on the field.

Teal scored twice in the first game of her first college career, in a 6-0 victory over Felician College. She scored again in a match against Molloy College. Choquette hopes to see continued production from Teal.

Choquette said he feels good about his team's attitude this season and like its chances for a playoff berth.

"We've had some great work from individuals," he said "and we've been doing some great stuff on the field."

They know they wouldn't be here today without the help of others, Sky said.

"Any success we have, we owe to our parents," Sky said. "With all the time and money they invested, taking us to every practice for so many years. Nobody is more proud than them."



Photo by Andrew Parise

Teal and Sky Bryan, numbers eight and nine respectively, prepare for a corner kick in a match against St. Anselm. The Purple Knights played to a 0-0 tie.



Teal Bryan finds open space in a match against St. Anselm.



Sky Bryan works the ball forward against St. Anselm

Photos by Jessica Maurice